

# Free Cessation Services Available to Medical Assistance and MinnesotaCare Enrollees

As of January 1, 2016, Minnesotans insured through Medical Assistance and MinnesotaCare have free coverage for individual and group cessation counseling and smoking cessation medications. Prior to this policy change, enrollees had a co-pay for cessation medications. Research has shown that removing barriers to accessing cessation treatment, such as co-pays, increases the likelihood that patients will use cessation medications and try to quit.

## Available Cessation Services

- Free individual and group cessation counseling
- Phone counseling either through the patient’s health plan or through QUITPLAN® Services
- Free FDA-approved cessation medications, with **prescription**

<input type="radio"/> Varenicline (Chantix®)	<input type="radio"/> Nicotine patch
<input type="radio"/> Bupropion (Zyban®)	<input type="radio"/> Nicotine gum
<input type="radio"/> Nicotrol® inhaler	<input type="radio"/> Nicotine lozenge
<input type="radio"/> Nicotrol® nasal spray	

Enrollees should check with their health plan for detailed coverage information.

## Eligible Providers and Billing Codes

The Minnesota Health Care Program Provider Manual has information about eligible providers and billing codes. The information provided below is from the Provider Manual as of January 30, 2016 and is subject to change. The current Provider Manual can be found at:

[MHCP Provider Manual](#)

Covered Education or Counseling Services			
Reason for Education or Counseling	HCPCS Code(s)	Eligible Providers*	Billing Directions
Education or counseling is the primary reason for the visit. Services to healthy individuals for the purpose of promoting health and anticipatory guidance (i.e., family planning, <b>smoking cessation</b> , infant safety, etc.).	99401–99409 (individual)  99411–99412 (group)	Physicians Enrolled PAs and APRNs (NPs, CNSs, CNMs) <u>Physician extenders</u> : non-enrolled APRNs, RNs, genetic counselors, licensed acupuncturists, <b>tobacco cessation counselors**</b> and pharmacists	Use modifier U7 when a physician extender provides the service.

\*Provider eligibility criteria may vary by Managed Care Organization.

\*\*“Tobacco cessation counselors” are individuals who have their Tobacco Treatment Specialist Certification. If these individuals are seeking reimbursement as a Physician Extender, they must also meet those requirements (see next page).

## **MHCP Provider Manual Definition of Physician Extenders\***

Minnesota Health Care Programs (MHCP) covers health services provided by a physician extender under the supervision of the physician. Physician extender services are not covered unless they replace or substitute for the physician service.

- **Physician Extender:** PA or APRN who chooses not to enroll with MHCP, genetic counselor, registered nurse, licensed acupuncturist or pharmacist who is in one of the following professional environments:
  - Employed by the physician provider
  - Employed by the same provider organization that employs the physician
  - Supervised by a physician
- **Registered Nurse (RN):** A nurse licensed under and within the scope of Minnesota statutes.
- **Genetic Counselor or Geneticist:** A person who is board certified by the American Board of Genetic Counseling (ABGC).

*\*Use and definition of Physician Extenders may vary by Managed Care Organization*

## **QUITPLAN® Services**

QUITPLAN Services offers a wide array of free tools to help people quit using tobacco. Visit [www.quitplan.com](http://www.quitplan.com) or call 1-888-354-PLAN (7526) for additional information.

The QUITPLAN Helpline offers a complete tobacco cessation program that includes one-on-one phone coaching with trained tobacco counselors, free nicotine patches, gum or lozenges, plus additional integrated tools (e.g. text messages and email). The QUITPLAN Helpline is available to Minnesotans who are uninsured or whose insurance does not cover telephone counseling and/or cessation medications.

Individual QUITPLAN Services, available to all adult Minnesotans, include:

- Starter Kit of Patches, Gum or Lozenges
- Text Messaging
- Email Program
- Quit Guide



All Minnesota Health Care Program enrollees have access to Individual QUITPLAN Services. Enrollees who do not have coverage for telephone counseling can enroll in the QUITPLAN Helpline.

## **Call it Quits Referral Program**

The Call it Quits Referral Program enables health care providers to use a single form and fax number to refer patients who use tobacco to quitline support. All Minnesota residents - whether covered by a health plan or not - have access to free support to quit. For more information, please visit <http://www.health.state.mn.us/callitquits>.

## **Other Resources**

[Managed Care Organization Contacts](#) (for providers)

[Health Plan Member Services](#) (for enrollees)